

## ABSTRACT

A CIR measuring section 307 measures CIRs of all blocks received and a block selection section 308 makes  
5 a threshold decision based on the CIR measurement result and threshold information according to an amount of traffic in the own cell and neighboring cells. As a result of the threshold decision, blocks whose CIRs exceed the threshold are regarded as usable blocks. A CIR averaging  
10 section 309 averages the CIRs of the usable blocks and a CQI generation section 310 generates a CQI based on the CIR average value. The CQI generated and selected block numbers are reported to a base station apparatus. This allows the throughput of the own cell and neighboring  
15 cells to be improved.